

**Bucks County Racquet Club** P.O. Box 515, 1150 Lord Sterling Rd. Washington Crossing, PA 18977 215-493-5666 - *Fax:* 215-493-4096

## Bucks County Racquet Club

# Al Hernandez Junior Tennis Camp SUMMER 2024

### June 24 to August 30 9am to 1pm

All Levels - Ages 8 to 17





#### Philosophy & Staff

Under the direction of Owner & Tennis Director AI Hernandez, BCRC's camp is dedicated to providing professional tennis instruction



that emphasizes hard work on the court and fun both on and off the court.

Over the past 32 years, AI has worked with some of the areas top juniors during his tenure in Bucks County, PA. Some of his former students include the #1 Singles players from Council Rock North & South High Schools, the #2 Women's Singles player for University of Iowa (who also was All Big 10), the #1 Men's singles player for University of Montana and most recently the #4 Men's Singles & #1 Doubles player from College of New Jersey 2017. As for his long and illustrious playing career, AI has won numerous national tournaments including 2014 and 2017 Yale Senior Slam Nationals. To his credit he has 5 Gold Balls, 18 Silver Balls & 10 Bronze Balls which signify National Championships won.

Visit our Website to view staff Bio's, download registration forms & other brochures: www.BucksCountryRacquetClub.com

#### **Bucks County Racquet Club**

BCRC is a distinctive tennis facility nestled on 13 scenic, acres in the heart of historic Washington Cr., PA. Our club offers everything a recreational and serious tennis player could want:

- 6 indoor & 5 outdoor courts,
- Beautifully landscaped picnic area
- Spacious indoor lounge & locker rooms
- Full-service pro-shop offering a complete line of name brand footwear, accessories and racquets as well as stringing and regripping services.
- Year 'round Tennis Academy programs and leagues for Juniors and Adults.



#### What To Bring to Camp

- Tennis racquet
- Drinks (i.e. water bottle, gatorade, etc.)
- Healthy snack for mid-morning. If you choose not to pack a snack, the club has food & drink vending machines
- Smooth, white-soled sneakers. Towel.
- Wear comfortable t-shirts & shorts or tennis attire.
- Suncreen and visor/hat highly recommended



#### A Camper's Day

Junior Tennis Camp AGES 8 - 17 years old 9:00am to 1:00pm

8:50am:



9:00am: Students convene for a warmup each morning focusing on strength training and stretching.

Campers check-in

- 9:15am: TENNIS! Drills focusing on stroke, proper technique, footwork and point play.
- 11am: Snack/Drink Break
- 11:30am: Competitive play focusing on strategy for singles and doubles. Practice existing skills as well as improve upon weak areas with the goal of addition dimensions to the game. Players will learn exercises to increase concentration and stay mentally focused on match play.

1:00pm: Camp dismissed.



A tradition at BCRC - FUN FRIDAY, EVERY FRIDAY! In addition to fun, tennis-related games, we have a surprise tasty treat every Friday for the kids.